

## PROVIDERS OF FIRST AID TRAINING IN THE SOUTH-WEST



## About Wiltshire First Aid Training

Wiltshire First Aid Training provide quality assured and nationally recognised First Aid Training courses for businesses, industry, sports, schools and childcare settings.

> Courses are provided for individuals and groups up to 24 people at highly competitive rates.



Courses may be tailored to suit your requirements and we are able to deliver your course during the day, evenings or weekends.

Our courses are designed to stimulate and not bore! Learning takes place in a relaxed, enjoyable environment where the trainer will help you gain the confidence and skills necessary to deal with any situation requiring emergency life support and basic first aid skills.

For further information about any of our courses including dates, venues and prices please call us on 01249 569690 or email enquiries@wiltshirefirstaid.co.uk



www.wiltshirefirstaid.co.uk



Wiltshire First Aid Training provides a number of first aid courses to suit every work place that satisfies the requirements of the Health and Safety (First Aid) Regulations 1981. We offer great discounts for group and / or repeat bookings.

## First Aid at Work

This three day (18 hours) is suitable for those working in high and low hazard environments and for those who are responsible for more than 50 employees. On successful completion candidates will be awarded an approved First Aid at Work certificate. The HSE also recommend an annual refresher course which takes 3 hours to complete.

### First Aid at Work-Refresher Course

For first aiders wishing to refresh their skills and renew their first aid at work qualification they will need to attend a two day course run either at one of our venues or in-house at your premises.

#### Emergency First Aid at Work

This course is 6 hours duration and the minimum requirement for a person to deal with potential casualties in the workplace. Ideal for lone or mobile workers, small organisations and low hazard environments such as offices. On successful completion candidates will be awarded an approved Emergency First Aid at Work certificate valid for three years.

#### External Automated Defibrillator

This course will enable candidates to perform CPR and use an AED should the need arise. After successful completion an approved CPR & AED certificate will be awarded to candidates.







Paediatric Courses

Paediatric First Aid courses to suit Early Year Settings including nurseries, pre-schools, child minders, nannies and those working towards their childcare qualifications.



#### Paediatric First Aid Course

The Wiltshire First Aid Training course follows the first aid techniques recommended for babies and children in accordance with the Resuscitation Council (UK) Guidelines and covers the St John's syllabus and is accepted by Ofsted.

#### Paediatric Blended Course

This Course is also Ofsted compliant but the difference with this course compared to the traditional 2 day course is 6 hours is based in the classroom and 6 hours of the theoretical part is completed as study online at a time and pace to suit you. A popular choice as it is only one day abstraction from the workplace saving time and money.



This course is 45 - 60 minutes duration and based on the

Anaphylaxis Campaign's RCN accredited Allergy Wise Programme its covers the use of an auto adrenaline injector and how to prevent severe allergic reactions taking place in a school or nursery.







## Emergency First Aid for School Staff

Schools are required to provide appropriate and adequate first aid provision and appoint sufficient numbers of first aid trained personnel to administer first aid within a school. This course exceeds the requirements recommended by the Government document 'First Aid in Schools' and after successful completion candidates will be able to perform first aid on adults and children.

## Sports First Aid

Ideal for anyone involved with sport whether it's a team sport such as rugby, football, hockey or a solo activity such as equestrianism, cycling or an activity like dancing. The course content will cover all the basic life support skills a person is required to hold but it will also cover the treatment of sporting injuries where first aid can make a difference to recovery time. On successful completion candidates will be issued with an approved Sports First Aid certificate valid for three years.

### 🔁 Family First Aid

When a family member becomes a casualty it can affect the way we react. At Wiltshire First Aid Training we recognise the need for parents to gain the necessary knowledge and skills to deal with potentially life threatening situations such as choking, asthma attacks, severe allergic reactions or sudden cardiac arrest. This two hour workshop is conducted in a relaxed, informal environment with plenty of opportunity to practice the techniques necessary to save a life...

# **Wiltshire**

## Level 2 Award in Safegaurding & Protecting Children & Young People

This course is for those working with under 18's, in paid employment or as a volunteer. The course provides those working with children and young people with the knowledge and confidence to recognise and respond to cases of alleged or suspected abuse. This qualification will enable the candidate to undertake a specific role in the workplace that employers can rely on.

## Level 2 Award in Food Safety in Catering

Many jobs relating to food require a food safety certificate. This course consists of a 45-minute online assessment of the syllabus and once complete the student will gain a food safety certificate which should be renewed every three years. The course provides an understanding of cleanliness of storage and preparation areas, contamination of food

stuffs and general health and safety. This course is attractive to employers as it does not require an employee to be abstracted from the workplace.





